

## Questions to Ask Lacrosse Coaches

1. How long have you been coaching?
2. Have you been certified in the US Lacrosse Coaching Education Program? What level?
3. Which sport (s)?
4. What do you like about coaching?
5. Have you developed a coaching philosophy? If so, what is it?
6. If I asked the kids on the last team you coached about you as a coach, what would they say?
7. How do you determine who plays?
8. What role do team captains play and who picks them?
9. What do you think are your coaching strengths?... and weaknesses? ...or what's the one aspect of your coaching repertoire would you like to improve and why?
10. What have you done recently to improve your lacrosse coaching skills?
11. Which lacrosse coach would you most like to emulate and why?
12. Have you ever had to deal with an irate parent regarding their son? What happened and how did you handle it?
13. Have you ever yelled at a referee? Why?
14. Are you a certified lacrosse official?
15. What don't you like about coaching?
16. Tell me about how you set up and run a typical practice?
17. When evaluating players to be selected for the Varsity team, what do you look for?
18. With the transition from a club team to a varsity team, what changes do you envision making and why?
19. If your star player broke a team rule that would normally warrant him/her being benched for a game, but the team's next game would determine whether it qualified for championship playoffs, would you play the player or send him/her to the bench? Why?
20. How do you turn a group of boys/girls into winners?
21. Why should we consider you for this position?
22. Are you looking for a one-year position or ongoing position?

23. If ongoing, what experience do you have with creating/building a program designed for long-term success? With what results?
24. How would you go about building a long-term program here?
25. Do you agree that the coach's behavior sets the tone for the team's behavior? How do you intend to be a positive role model for players? How would you deal with player misconduct on or off the field?
26. What is your philosophy on playing time? Further, who plays the most: the best players, the upperclassmen, the ones who work hardest at practice, etc.?
27. How do you balance the responsibilities and commitments of school work with a player's responsibility to be at practice and at games?
28. Do you believe in setting any team-specific standards for school grades, conduct, absences, etc., beyond those required by the school district?
29. To what degree do you encourage or discourage parental involvement with the team?
30. How do you intend to handle communication with the parents and players?
31. What ideas do you have to reach out to other athletes in the high school or junior highs to introduce them to lacrosse?